

What Happens When a Nurse Stands Up & Gets Loud?



IN THIS EPISODE

Is nursing a science or an art? *Or is it the art of knowing when to open your mouth?* Should **"your money or your health"** be America's healthcare slogan? Join **Casey Hobbs, RN**, director of nursing at a retirement community in Northern California and co-creator/co-host of the popular podcast **NurseTalk**, and host **Brenda Gazzar**, for a frequently irreverent roller coaster ride of an interview! In this first podcast of two, Hobbs calls for hospitals to get out of the business of making money off our health care *and so much more!*

SHOW NOTES

WE DISCUSS

What do you wish people knew about nursing?

"I would really like it if people didn't have to meet me when they're so sick and I really wish that people knew more about what was coming. You know, *we know this*, we know what's coming. I just, for the life of me, I can't figure out why we can't talk about it. We had Kubler Ross in the eighties. We got nothing, you know, Kevorkian got put in jail and

we still aren't talking about death and dying and nobody gets away. Nobody, nobody, nobody, nobody and we don't talk about it. It seems really weird.” – **Casey Hobbs, RN**

Is nursing an art or a science?

“...the art of nursing is to know when to open your mouth... That's the trick of science meets art. So everything I do is informed by science, but then I need to take the connections and then have the conversation with the patient about what this means to them and about what's happening in their body and then find out from them: *So how do you hold this? What's important?*” – **Casey Hobbs, RN**

What do you think about Medicare for All?

“I always say this...the outcomes we have now are related to how much money they can make. So you see it on the TV all the time. I love to say “restless leg syndrome” because they made the medication and then they got the disease. *<Laugh>* And that's how it works. If something can be treated with a high ticket item, we're going to use that. So in order to have health care, we need to take the money out of health care. Because right now, money decides everything.” – **Casey Hobbs, RN**

Helpful Links

[Death and American Society- Why Do We Fear It?](#)

Medium.com

[Does Meat Cause Cancer?](#)

Sutter Pacific Medical Foundation

[BU Study Finds Racial Disparities in Opioid Prescriptions](#)

The Brink, Boston University

[Why Your Physician is Withholding Pain Medication](#)

PeerWell Health

Editor's note: Restless leg syndrome, or Willis-Ekbom disease, is a recognized movement disorder. While it was [once thought](#) to be a condition fabricated by Pharma, according to [a study](#) updated in March, 2022, there are more than three million cases diagnosed each year in the United States.

[Restless Legs Syndrome -- A Pharma Creation Or A Real Health Problem?](#)

Forbes.com

[Restless Legs Syndrome](#)

National Library of Medicine

[6 Reasons Healthcare Is So Expensive in the U.S.](#)

Investopedia

Episode Transcript

Read the [episode transcript](#).

Guest Biography

Casey Hobbs, RN, found her passion for nursing while in her early twenties. For the past 40 years she has served as both an RN, Manager and Director in hospitals, home care and hospice and is currently the Director of Nursing for a large healthcare organization in Northern California.

Casey has always maintained "laughter is the best medicine." In 2009 Casey, along with **Entertainment Producer Pattie Lockard** created a national radio and podcast program called **Nurse Talk** which ran for 10 years. She is also a

public speaker and spokesperson for her profession and is a fierce advocate for patients and Medicare for All.

To learn more about Nurse Talk and/or Casey Hobbs speaker topics visit: [Casey Hobbs, RN, Talk Radio Host, Speaker](#) and [Nurse Talk](#).

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