

Cindy Young Biography

Ms. Young started her career at H.E.R.E., Local 2 in San Francisco as the Director of Research in 1985. She negotiated pension and healthcare benefits for 25,000 hotel and restaurant workers in San Francisco. She served as the key trustee for the H.E.R.E, Local 2, Pension, Education and Health and Welfare Trust Funds. She provided advice and counsel to Senior Union Staff on legislation impacting healthcare and pension benefits. She developed health reform education programs for H.E.R.E. International Union and its affiliates. She developed and organized the California Northern California Labor Health Coalition, which successfully improved Kaiser's Chiropractic and Drug and Alcohol Benefits.

From 1988 – 2010, Ms. Young served as the Senior Health Policy Advisor to California School Employees Association (CSEA). She negotiated healthcare benefits for 220,000 classified school employees and analyzed insurance renewals. She provided leadership and counsel to the CSEA management and staff on healthcare related strategies, legislation and in the delivery of healthcare training programs. She served as Labor Chair of the California Healthcare Coalition, as well as the California Education Coalition for Healthcare Reform.

From 2010 – 2014, Ms. Young served as Regulatory /Policy Specialist for California Nurses Association, and Special Projects Coordinator, leading the nurses single payer campaign.

Ms. Young currently has a small consulting firm and assists Minnesota Nurses Association and California's with bargaining health and welfare benefits. She serves on the Board of Directors for the California Alliance for Retired Americans. Representing CARA, she serves as Vice Chair of the Healthy California Now. Ms. Young has worked as a labor advocate and been committed to Medicare for All for 45 years.